

# Novel pulse biopsy platform incorporating adaptive open-tip sampling needle increases sampling yield and needle control

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## Introduction

Certain lesions are challenging to reach and target, e.g. axillary lymph nodes. A novel biopsy platform, NeoNavia® (NeoDynamics, Sweden), incorporates a pneumatic needle insertion mechanism intended to provide better control of needle progression.

It offers a 14G automated core needle (CorePulse™), 10G vacuum biopsy needle (VacuPulse™) and newly developed adaptive 14G open-tip sampling needle (FlexiPulse™).

Sampling yield of the 14G open-tip needle was benchmarked against a currently used core needle biopsy (CNB) device (BD Achieve 14) in a tissue model and needle velocity was measured.

## Conclusions

The evaluated needle significantly outperforms a standard CNB regarding sampling yield.

The maximum velocity is higher than for commonly used spring-loaded devices and is reached over a significantly shorter stroke length.

The needle advances gradually through tissue with pneumatic pulses enabling optimal needle control.

This 14G open-tip sampling needle is currently being evaluated for use in the axilla as part of the PULSE trial (NCT03975855) in Germany and the COMPULSE trial (NCT04500262) in the UK.

## Methods

### NeoNavia Biopsy System

NeoNavia is a newly developed precision biopsy system operating with pneumatic pulse technology to provide controlled needle insertion. The pulse technology generates a stepwise needle advancement when penetrating tissue. The biopsy system consist of a base unit, a handheld driver and three different needle options (see fig. 1 and 2.)

The 14G FlexiPulse probe features a front-loaded, open-tip sampling needle and a retractable trocar. This needle design is especially suited for challenging biopsy cases such as small lesions, lesions located near the skin and the axillary lymph nodes. See fig. 3 for sampling methodology.

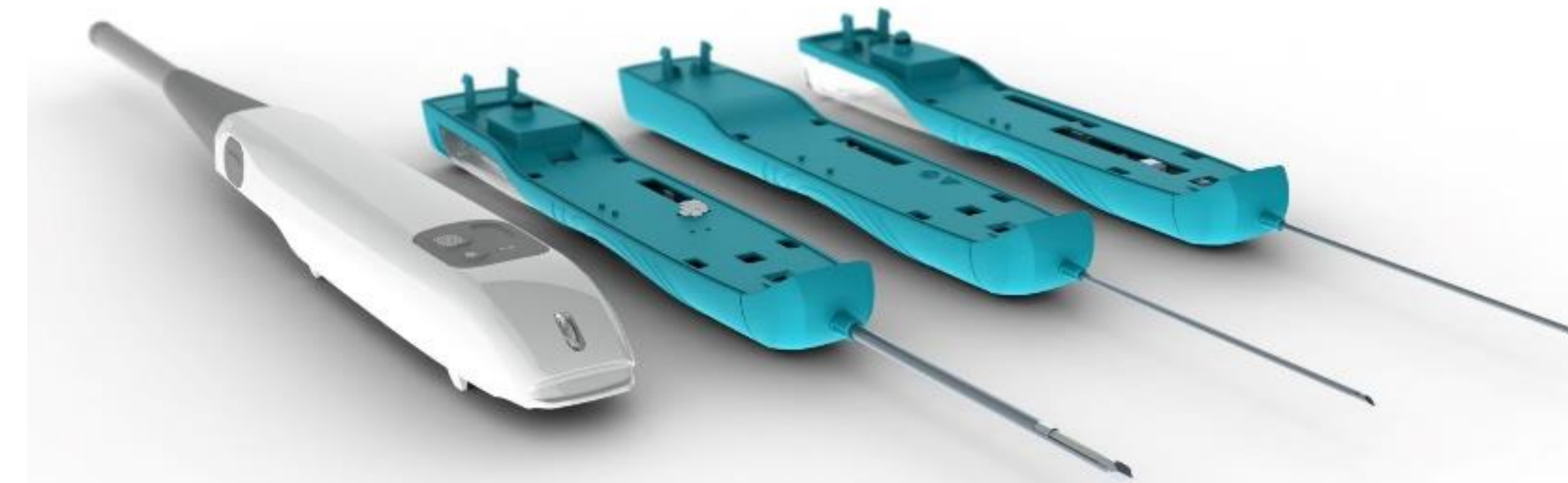


Figure 1: NeoNavia Biopsy System incorporates a handheld driver and three different needle options. A 14G automated core needle (CorePulse), a 10G vacuum biopsy needle (VacuPulse) and newly developed adaptive 14G open-tip sampling needle (FlexiPulse).



Figure 2: The base unit provides pressurized air for the pulse technology and negative gauge pressure for the vacuum function.

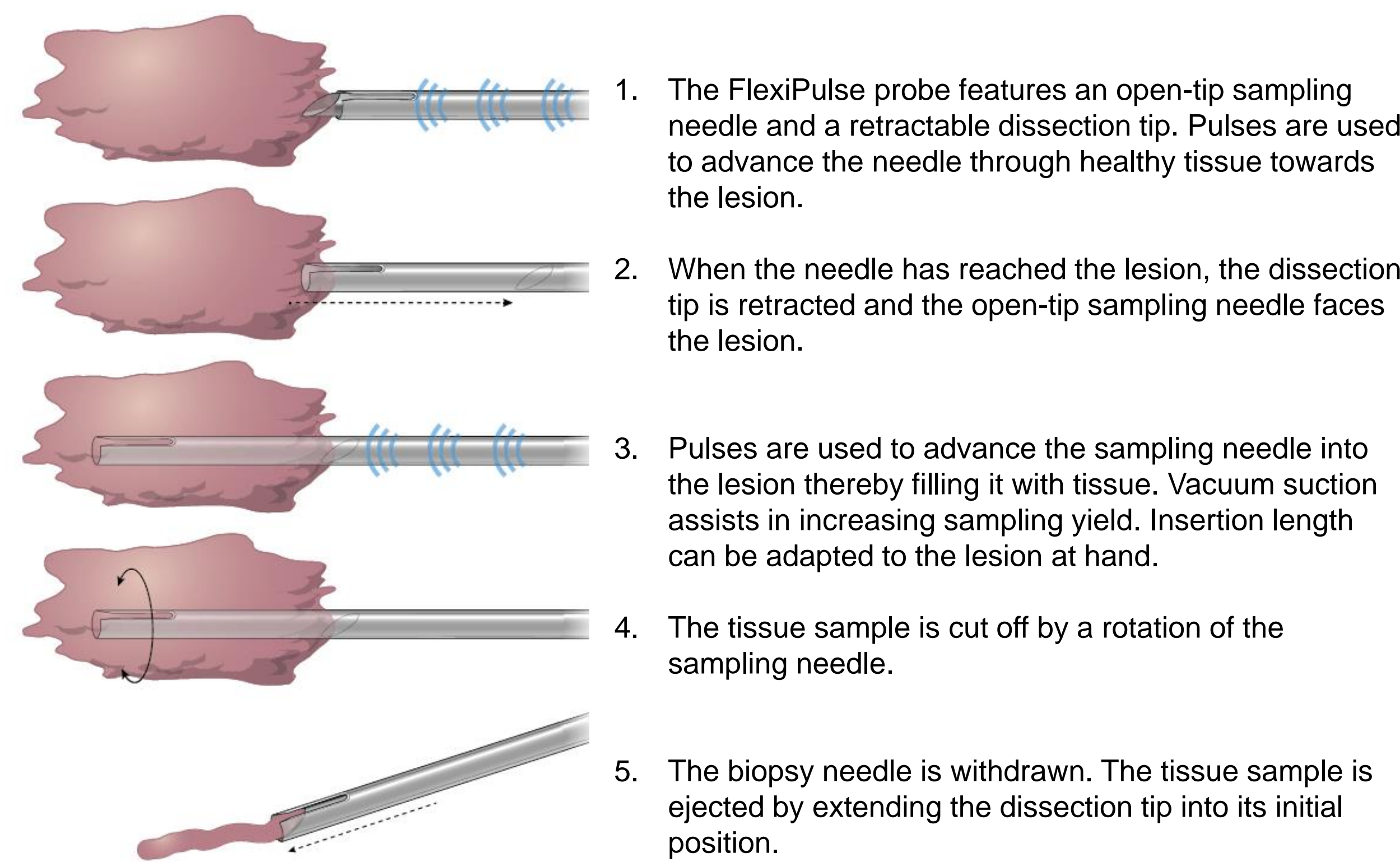


Figure 3: Sampling methodology for the front-loaded, open-tip sampling needle.

### Measurements

To evaluate sampling yield, thirty samples were obtained with the 14G FlexiPulse open-tip needle and a commonly used side-cut CNB device (14G BD Achieve biopsy needle) respectively. The tissue model used was turkey breast. Samples were individually weighed. Student's t-test, significance level of 5% (two-sided test) was used for analysis. To characterize needle dynamics, the velocity of the FlexiPulse needle was measured using a specially developed test bed.

## Results

### Sampling weight

Weight (mean ± SD) of samples was 697.5 ± 74.5 mg for FlexiPulse and 174.6 ± 26.3 mg for the comparator. (see fig.4 and fig. 5). The difference was statistically significant with a mean difference of 522.9 mg (p < 0.0001).



Figure 5: Comparison of 30 samples obtained with BD Achieve (bottom) and FlexiPulse (top).

### Performance comparison

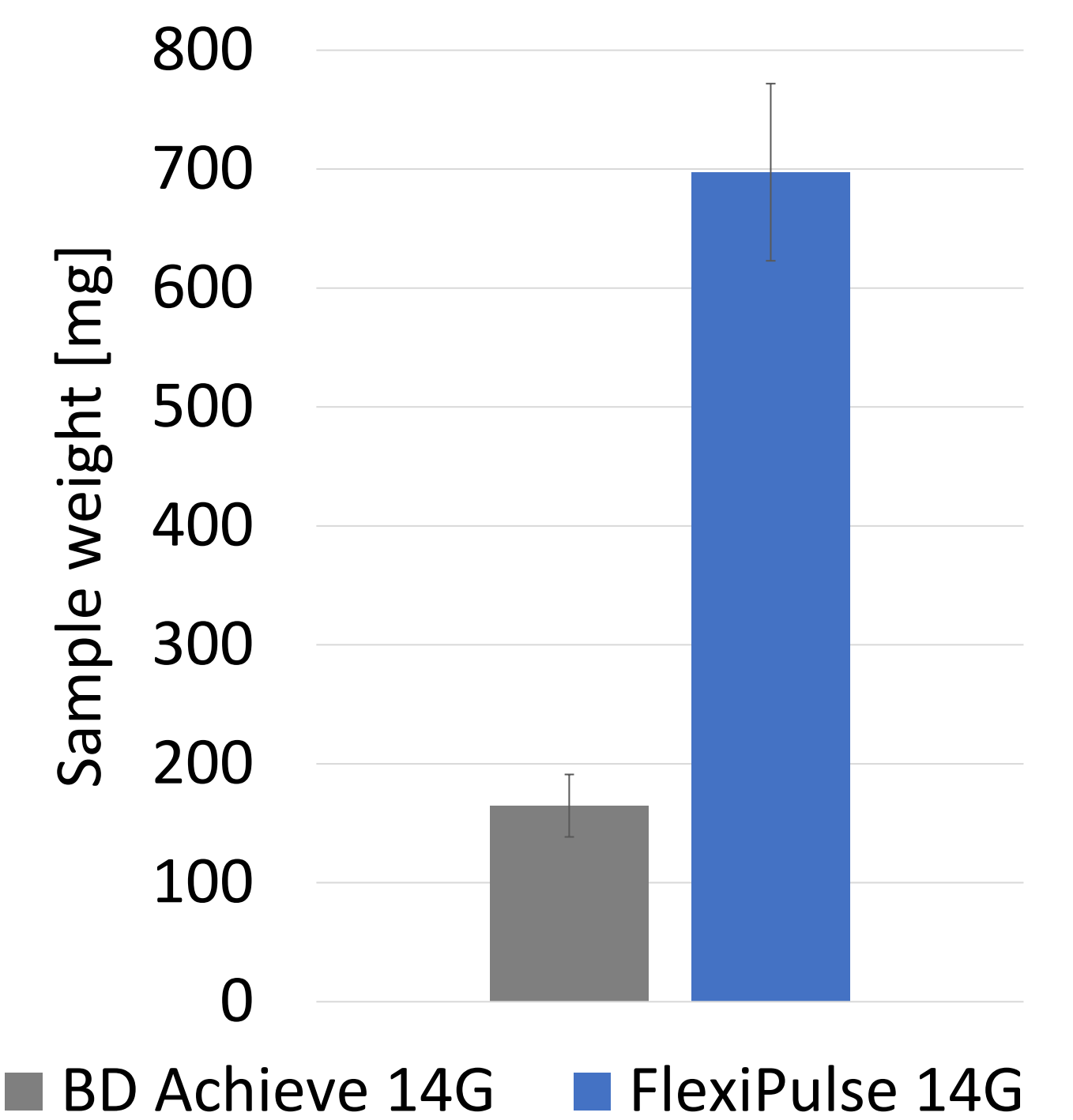


Figure 4: Histogram of sample weights.

The FlexiPulse needle outperformed the standard CNB device by 299%.

### Needle velocity

Insertion of current CNB devices is based on a single-shot spring-loaded mechanism which thrusts the needle into the lesion at a predefined stroke length of usually around 20 mm. The needle reaches its maximum cutting speed at the end of the stroke length. Maximum cutting speed is reported to be 8–22 m/s (measured in air).

In contrast, NeoNavia uses pneumatic pulses to advance the needle. Each click of the designated pulse button results in a high acceleration of the needle over a short stroke length (2 mm). The measured maximum cutting speed of FlexiPulse was 18 [15–28] m/s (median [range], n=6 measurements). Maximum cutting speed was reached within the first millimeter of needle travel.

This needle movement combined with manual advancement of the biopsy device by the operator generates a stepwise needle advancement when penetrating tissue. Real-time ultrasound visualization of the stepwise needle advancement increases control.